

FAIRFIELD SPORTS & FITNESS TRAINING

1499 Post Road, Fairfield, CT 06824

203-292-9354

Robert@FairfieldSFT.com

All prices updated 7/1/10

GROUP CLASS RATES

**All classes are \$10.00 Drop-in
Unlimited Classes \$60.00/Month**

***All classes run 1 hour unless otherwise noted.**

***Please sign in prior to beginning each class**

PERSONAL TRAINING RATES

**One Session:
\$90.00+Tax**

**Ten Sessions:
\$800.00+Tax
(\$80.00/session)**

**Twenty Sessions:
\$1500.00+Tax
(\$75.00/session)**

**Thirty Sessions
\$2100.00+Tax
(\$70.00/session)**

**Director's Rates:
\$90.00+Tax every session
Team Training
Add \$20.00/session to every package**

***All sessions are 55 minutes.
*There is a 24 hour cancellation policy.
*Training packages are non-refundable.**

**Stretching
15/min \$25.00 30/min \$45.00 45/min \$65.00
(Plus tax)**

GYM MEMBERSHIPS

**Per Month:
\$40.00+Tax**

**One Year:
\$456.00+Tax**

***Billed on a monthly basis
*Month notice to cancel
*Credit Cards only
* 24 hour access**

GYM MEMBERSHIPS + UNLIMITED GROUP CLASSES

***\$70.00+Tax**

***DISCOUNTS AVAILABLE FOR SENIORS (60+), FAIRFIELD TOWN EMPLOYEES,
STUDENTS (16-21 W/ID)***